

The Development of Myofascial Shockwave Therapy (Myofascial ESWT)

In many pain conditions and neurological disorders of the musculo-skeletal system myofascial tissue is considered to play an important role. Myofascial trigger points (MTrP) are a promising target of a specific therapeutic approach especially for focused extracorporeal shockwave therapy (fESWT) as it reaches deeper layers of the human body precisely and stimulates tissue non-invasively. Literature supports the role of fESWT to diagnose MTrPs while stimulating the nociception of Trigger Points.

This lecture will give an overview of the guidelines of myofascial ESWT, the literature and it's progress in the medical world.